



90S Stairclimber

The 90 Series stairclimbers feature a smooth, independent stepping action, forward thinking ergonomics and biomechanically correct motion. Angled to mimic real stepping action, the IsoTrack™ linear climbing mechanism delivers a low-impact stepping action that's easy on user's joints. The 90S features a variety of workout programs, durable components, and a belt-drive system that's virtually maintenance free. And, powered by human movement, you can place the energy-efficient 90S stairclimber anywhere in your facility, with no electrical cords or outlets to consider.

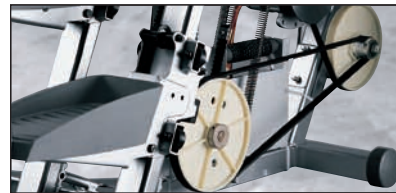


Performance Features

- ▶ **SMOOTH-STEPPING EXERCISE**
The IsoTrack™ climbing system with mono-roller, belt-driven design ensures a smooth, low-impact exercise experience.
- ▶ **ERGONOMIC EXPERTISE**
The ergonomically angled linear slide mechanism mimics a natural stepping motion and develops each leg independently for balanced results. Handlebars provide support and help ensure biomechanically correct posture.
- ▶ **MOTIVATING WORKOUT VARIETY**
Zone Training+™ workouts automatically adjust the resistance level to keep users in their target heart rate zone. Goal-based workouts keep users motivated.
- ▶ **SELF-POWERED CONVENIENCE**
You can place your stairclimbers anywhere in your facility.
(Models with attachable LCD screens require power.)

HIGHLIGHTED FEATURE

▶ SUPERIOR BELT-DRIVEN SYSTEM



Exercisers get the smooth, popular independent stepping action they want, and you get the virtually maintenance-free belt-drive system you need. Only Life Fitness combines these great features in one outstanding stairclimbing machine.

Product Details

- IsoTrack™ Climbing System
- Optional ergonomically designed handlebars for support and proper upright position
- Alphanumeric LED console
- Heart Rate Monitoring: Polar telemetry® is optional in U.S.
- 8 workouts, 2 ZoneTraining+™ workouts optional in U.S.
- User can select from up to 9 different languages
- Integrated reading rack and optional accessory tray
- Self-powered
- Available with Attachable LCD Entertainment System

90S Stairclimber Specifications

KEY:

• Standard ◦ Optional

| HEART RATE MONITORING | |
|--|-----------------|
| Polar® Telemetry (optional chest strap required) | ◦ |
| WORKOUTS | |
| Classic Workouts: Hill, Random, Manual, Quick Start | • |
| Zone Training+™ Heart Rate Workouts: Cardio, Fat Burn | • |
| Goal Workouts: Watts, METs | • |
| DISPLAY READOUT | |
| Elapsed Time, Total Calories Burned, Workout Profile, Resistance Level, Floors Per Minute, Total Floors Climbed | • |
| Heart Rate | • |
| Language Choices* | 9 |
| DISPLAY TYPE | |
| LED: Alphanumeric message center and workout profile | • |
| SPECIAL FEATURES | |
| IsoTrack™ Climbing System | • |
| Integrated Reading Rack | • |
| Integrated Accessory Tray | ◦ |
| Support Handlebars | ◦ |
| Oversized Non-slip Pedals | • |
| Front Wheels for Easy Mobility | • |
| Resistance Levels | 20 |
| Service Enhancements: Manager's Optional Settings and Service Diagnostics | • |
| Attachable LCD Entertainment Solutions | ◦ |
| TECHNICAL SPECIFICATIONS | |
| Maximum User Weight: 350 lbs (160 kg) | • |
| Power Requirements: Self-Powered | • |
| Length | 50" (127 cm) |
| Width | 32" (81 cm) |
| Height | 64.5" (164 cm) |
| Unit Weight | 155 lbs (70 kg) |
| Warranty** | |
| - 2-year limited warranty on all mechanical and electrical components | • |
| - Attachable LCD Entertainment System option: 2-years electrical and mechanical parts; 90 days labor | • |

*Japanese available with Complex Character Display (CCD) console. **Warranties outside the U.S. may vary. Specifications subject to change.